



Effective Term	2020-2021
Department	Health & Kinesiology
College	Education & Human Development
Program type	Degree w/Concentration
Degree designation	BS - Bachelor of Science
With a major in	University Studies - USEH (USEH)
Associated Program	Not Applicable
With a concentration in	Sports Conditioning - USEH (SCN*)
Catalog Program Title	University Studies - BS, Sports Conditioning Concentration
CIP and Fund code	30999931

williams)  
 2. Jan 23, 2017 by P.J. Miller (pjmiller)  
 3. Apr 18, 2019 by Angel Mario Carrizales (carri1214)

Rationale for Proposal	Edits made to the catalog program requirement to capture course number changes. (NUTR 202 was changed to NFSC 202 for 2019-2020)
Program hours	120
Is this program eligible for financial aid?	
Program delivery mode	On-campus
Has program funding been finalized at the department or college level?	
Will new costs for the first five years of the program be under \$2 million?	

## Catalog Program Requirements

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This degree plan has been laid out showing students the number of hours they must take each semester in order to complete the degree in four years without attending summer school. This is a suggested plan and does not have to be followed as laid out below. Students should use this information in conjunction with advising documents available from their advisor or the department website when scheduling courses each semester to ensure they are meeting all prerequisites, taking courses for admission to professional phase in a timely manner and meeting all grade requirements.

### Plan of Study Grid

First Year		
Fall		Semester Credit Hours
<a href="#">ENGL 103</a>	Introduction to Rhetoric and Composition	3
or <a href="#">ENGL 104</a>	or Composition and Rhetoric	
<a href="#">BIOL 111</a>	Introductory Biology I	4
<a href="#">American History Elective</a> 1,2		3
<a href="#">Social and Behavioral Sciences Elective</a> 1,2		3
<a href="#">Creative Arts Elective</a> 1,2		3
	Semester Credit Hours	16
Spring		
<a href="#">KINE 120</a>	The Science of Basic Health and Fitness	1
<a href="#">KINE 215</a>	Fundamentals of Coaching 3	1
<a href="#">HLTH 216</a>	First Aid 3	2
<a href="#">Mathematics</a>		3
<a href="#">Life and Physical Sciences Elective</a> 1		4
<a href="#">American History Elective</a> 1,2		3
	Semester Credit Hours	14
Second Year		

Fall		
Communication Elective 1		3
<a href="#">Mathematics</a>		3
<a href="#">POLS 206</a>	American National Government	3
<a href="#">KINE 121</a>	Physical and Motor Fitness Assessment 3	2
<a href="#">KINE 199</a>	Required Physical Activity 3,4	1
<a href="#">KINE 213</a>	Foundations of Kinesiology	3
	Semester Credit Hours	15
Spring		
<a href="#">POLS 207</a>	State and Local Government	3
<a href="#">NFSC 202</a>	Fundamentals of Human Nutrition	3
<a href="#">Language, Philosophy and Culture Elective 1,2</a>		3
Coaching Elective 3,5		2
Minor		3
	Semester Credit Hours	14
Third Year		
Fall		
<a href="#">KINE 306</a>	Functional Anatomy for Coaches 3	1
<a href="#">KINE 305</a>	Sport Nutrition	3
Coaching Elective 3,5		2
Minor		3
Minor		3
Elective 2,5		3
	Semester Credit Hours	15
Spring		
<a href="#">KINE 302</a>	Applied Exercise Physiology for Coaches 3	1
<a href="#">KINE 307</a>	Lifespan Motor Development 3	3
Select one of the following:		3
<a href="#">KINE 324</a>	Career Development in Coaching and Youth Development	
<a href="#">KINE 431</a>	Ropes Course and Group Process	
<a href="#">KINE 485</a>	Directed Studies	
Elective 2,5		3
Elective 2,5		3
Coaching Elective 3,5		2
	Semester Credit Hours	15
Fourth Year		
Fall		
<a href="#">KINE 318</a>	Athletic Injuries 3	3
<a href="#">KINE 386</a>	Sport Physiology	3
<a href="#">KINE 482</a>	Seminar 6	1
<a href="#">SPMT 421</a>	Legal Aspects of Sport	3
Minor		3
Elective 2,5		3
	Semester Credit Hours	16
Spring		
<a href="#">KINE 404</a>	Coaching Psychology	3
<a href="#">KINE 483</a>	Practicum in Kinesiology	3
Minor		3
Minor		3
Elective 2,5		3
	Semester Credit Hours	15
	Total Semester Credit Hours	120

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- 1 Must meet Core Curriculum requirements.
  - 2 Some electives should meet the International and Cultural Diversity graduation requirement.
  - 3 Meets [Coaching Minor](#) Requirements.
  - 4 Must be a specific activity class. See advisor for appropriate course.
  - 5 Select electives in consultation with advisor.
  - 6 Meets Core Curriculum writing requirement.

Additional information

Required Proposal  
Forms

Reviewer Comments

**Angel Mario Carrizales (carri1214) (07/10/19 2:40 pm):** Workflow adjusted to remove Provost and External Approval Roles. Proposal is discontinue a University Studies concentration.  
**Terra Bissett (t.bissett) (08/05/19 12:08 pm):** UCC approved August 2019.

Key: 452